

HEALTHCARE ROLES AT ST JAMES SURGERY

ADVANCED NURSE PRACTITIONERS (PRACTICE MATRONS) AND EMERGENCY CARE PRACTITIONER EXAMINE, ASSESS, MAKE DIAGNOSES, TREAT, PRESCRIBE AND REFER

- MOST COMMON MEDICAL CONDITIONS
- MINOR ILLNESSES
- HOME VISITS
- REFERRALS
- MENTAL HEALTH
- END OF LIFE CARE
- DEMENTIA REVIEWS
- MEDICATION REVIEWS
- LEARNING DISABILITY REVIEWS

PRACTICE NURSES

- MINOR ILLNESSES
- WOUND MANAGEMENT AND DRESSINGS
- SWABS
- VACCINATIONS AND IMMUNISATIONS
- CERVICAL SMEARS
- SKIN PROBLEMS
- CHRONIC DISEASE MANAGEMENT (DIABETES, COPD, ASTHMA, CHRONIC HEART DISEASE, HEART FAILURE)
- CONTRACEPTION
- EAR PROBLEMS AND IRRIGATION
- URINE INFECTIONS
- EYE INFECTIONS

HEALTHCARE ASSISTANTS

- BLOOD PRESSURE
- DRESSINGS
- ECGS
- NEW PATIENT MEDICALS
- EAR IRRIGATION (ONLY IF QUALIFIED)
- CHAPERONING
- NHS HEALTHCHECKS
- VACCINATIONS (ONLY IF QUALIFIED)
- ASSIST WITH DISEASE CLINICS
- ANTICOAGULATION MONITORING

PHYSIOTHERAPY ASSESSMENT (FOR PATIENTS AGED 16 OR OVER ONLY)

- STRAINS AND SPRAINS
- MUSCLE AND JOINT PAIN OR STIFFNESS
- EXERCISE ADVICE
- JOINT INJECTIONS
- REFERRALS

CARE ADVISOR – KEVIN WITHERS

- SOCIAL CARE: INFORMATION ON CARE NEEDS AND FINANCIAL CRITERIA
- GENERAL BENEFITS ADVICE
- BLUE BADGE
- DEMENTIA ASSESSMENT
- WHEELCHAIR REFERRALS
- INFO AND REFERRALS TO COLCHESTER HELPLINE AND TENDRING CARELINE
- EQUIPMENT ASSESSMENTS
- CARERS SUPPORT, COMPLETING EMERGENCY CARERS PLAN, RESPITE ADVICE

SOCIAL PRESCRIBER – RUTH JERMAN

PRACTICAL OR EMOTIONAL SUPPORT ON A NON-MEDICAL NATURE

LIVE WELL LINK WELL CAN HELP YOU TO ACCESS SUPPORT WITH THE FOLLOWING:

- HEALTHY LIVING
- WEIGHT MANAGEMENT
- LIFESTYLE ADVICE
- MAINTAINING PHYSICAL AND MENTAL WELLBEING
- SUPPORTING INDEPENDENCE
- MOBILITY AND EQUIPMENT
- LOOKING AFTER SOMEONE
- GETTING OUT AND ABOUT
- HOME ADAPTATIONS
- MONEY WORRIES
- SOCIAL INCLUSION

IF THE ABOVE HEALTH PROFESSIONALS ARE UNABLE TO HELP WITH YOUR REQUEST THEY WILL CONSULT WITH A DOCTOR

GENERAL PRACTITIONER

- COMPLEX MEDICAL CONDITIONS
- PATIENT CONSULTATIONS WITHIN THE SURGERY AND AT HOME
- PHYSICAL EXAMINATIONS
- DIAGNOSIS AND TREATMENT OF ILLNESSES/AILMENTS
- AUTHORISING PRESCRIPTIONS
- REVIEWING AND ACTIONING CLINICAL DOCUMENTS AND TEST RESULTS
- INSURANCE AND MEDICAL REPORTS