





Blood β -Ketone Result Guide¹




Below 0.6 mmol/L	Between 0.6-1.5 mmol/L	Above 1.5 mmol/L
Normal range	Potential problem	Potential risk of DKA

My diabetes centre number is

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 **24/7 NON-AUTOMATED FREE SUPPORT**
0800 881 5423

Please note we cannot provide medical advice.
For medical advice please contact your nurse or doctor.

1: A.Soni Et al, August 2015, patient advice for management of type 1 diabetes mellitus during illness, available <http://www.wales.nhs.uk/sitesplus/documents/866/Sick%20day%20rules.pdf>, accessed: 13th Jan 2017